



# Z8：小红书行业关键词提取文案写入飞书多维表格

 **必备：**本文是米核AI的工作流，点击下面邀请链接注册米核AI官网，获得执行米核工作流**必备Key**，同时也具备了体验VIP会员权限，可下载官网体验90+工作流代码包和800精调提示词，七天内下载有效。

**直接点击注册：** [miheai.com/s/14457](https://miheai.com/s/14457)

另附激活码用于普通账号：  [米核AI官网体验VIP激活码](#)

可联系李叔出示个人中心ID，获取官网所有工作流中任何几个，及所有体验工作流代码包，可答疑。

 **使用说明：**按照下方教程安装代码包到扣子官方平台上运行。无基础者请先阅读下面的必读教程。视频类型的工作流，在运行结束后，还需要使用剪映小助手软件下载素材草稿，然后用剪映软件导出视频。

## 1、必读：点击查阅下面教程

 [智能体基础讲解及扣子工作流代码导入方法](#)

 [米核API Key获取方法及剪映小助手使用](#)

## 2、工作流代码导入包

- 扣子工作流是在官方扣子平台 [coze.cn](https://coze.cn) 中运行，代码建议使用导入的方式安装，参见上面的教程。
- 由于代码比较复杂，不适合新手用复制的方式进行安装，容易出现各种问题，因此建议使用提供的导入包一键导入，若需要使用免费的代码复制方式安装请自行搜索教程研究解决。下面的zip代码包文件，**点击下载**，不需要解压缩（官方加密的打不开），直接完整的导入到扣子资源库即可使用，具体操作见上方教程。



Workflow-Z8\_mihe\_xhs\_1-draft-  
9856.zip  
8.14KB



## 本 workflow，有视频直播讲解课程可以参考：

【米核AI智能体周课学院院长直播教学，小红书图文二创改写到飞书】


<https://www.bilibili.com/video/BV1eDebz6Egv?>

[vd\\_source=dfcd2f0637c3878ead819da901b4b5e5](https://www.bilibili.com/video/BV1eDebz6Egv?vd_source=dfcd2f0637c3878ead819da901b4b5e5)

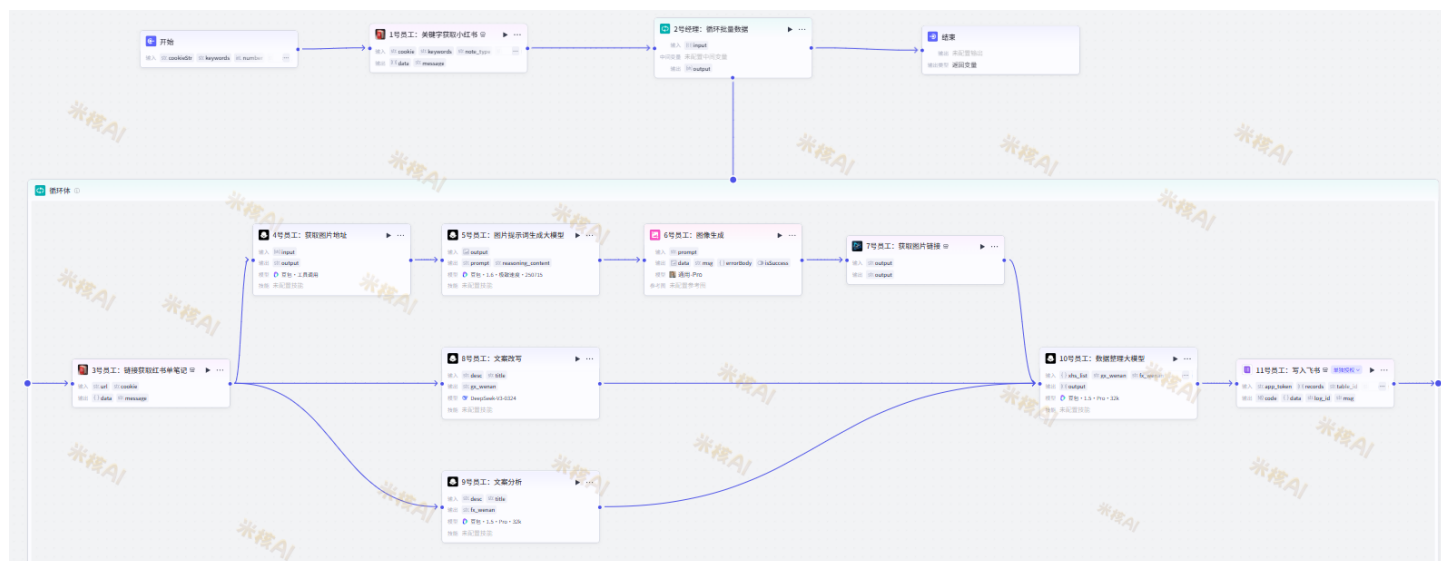
## 附-workflow txt 代码（自行选择复制使用）

[📖 米核复制 workflow 代码方法视频讲解](#)

```
{
  "type": "coze-workflow-clipboard-data",
  "source": {
    "workflowId": "7540998666137206826",
    "flowMode": 0,
    "spaceId": "7516509916425633828",
    "isDouyin": false,
    "host": "www.coze.cn"
  },
  "json": {
    "nodes": [
      {
        "id": "100001",
        "type": "1",
        "meta": {
          "position": {
            "x": -212.02069313603107,
            "y": -982.732833509092
          },
          "data": {
            "nodeMeta": {
              "description": "工作流的起始节点，用于设定启动工作流需要的信息",
              "icon": "https://lf3-static.bytednsdoc.com/obj/eden-cn/dvsmryvd_avi_dvsm/ljhwZthlaukjlkulzlp/icon/icon-Start-v2.jpg",
              "subTitle": "",
              "title": "开始"
            }
          }
        },
        "outputs": [
          {
            "type": "string",
            "name": "cookieStr",
            "required": true,
            "description": "小红书cookie"
          },
          {
            "type": "string",
            "name": "keywords",
            "required": true,
            "description": "关键词"
          },
          {
            "type": "integer",
            "name": "number",
            "required": true,
            "description": "总数"
          },
          {
            "type": "string",
            "name": "feishu_token",
            "required": true,
            "description": "飞书多维表格链接"
          }
        ],
        "defaultValue": "https://dnzxbt4fho.feishu.cn/wiki/XqMNwuPCOioDnrkhu72cvKXqnCL?table=tblzeLMZFIBP7Jlm&view=vewt1B6AwK",
        "trigger_parameters": {},
        "_temp": {
          "bounds": {
            "x": -392.02069313603107,
            "y": -982.732833509092,
            "width": 360,
            "height": 86.2
          },
          "externalData": {
            "icon": "https://lf3-static.bytednsdoc.com/obj/eden-cn/dvsmryvd_avi_dvsm/ljhwZthlaukjlkulzlp/icon/icon-Start-v2.jpg",
            "description": "工作流的起始节点，用于设定启动工作流需要的信息",
            "title": "开始"
          }
        },
        "mainColor": "#5C62FF",
        "id": "900001",
        "type": "2",
        "meta": {
          "position": {
            "x": 1566.7060454355951,
            "y": -993.232833509092
          },
          "data": {
            "nodeMeta": {
              "description": "工作流的最终节点，用于返回工作流运行后的结果信息",
              "icon": "https://lf3-static.bytednsdoc.com/obj/eden-cn/dvsmryvd_avi_dvsm/ljhwZthlaukjlkulzlp/icon/icon-End-v2.jpg",
              "subTitle": "",
              "title": "结束"
            }
          }
        },
        "inputs": {
          "terminatePlan": "returnVariables",
          "inputParameters": {}
        },
        "_temp": {
          "bounds": {
            "x": 1386.7060454355951,
            "y": -993.232833509092,
            "width": 360,
            "height": 112.2
          },
          "externalData": {
            "icon": "https://lf3-static.bytednsdoc.com/obj/eden-cn/dvsmryvd_avi_dvsm/ljhwZthlaukjlkulzlp/icon/icon-End-v2.jpg",
            "description": "工作流的最终节点，用于返回工作流运行后的结果信息",
            "title": "结束"
          }
        },
        "mainColor": "#5C62FF",
        "id": "157179",
        "type": "21",
        "meta": {
          "position": {
            "x": 957.6463354871821,
            "y": -1011.232833509092
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          "canvasPosition": {
            "x": 418.7265014754239,
            "y": -228.23999291491356
          },
          "data": {
            "inputs": {
              "inputParameters": [
                {
                  "name": "input",
                  "input": {
                    "type": "list",
                    "schema": {
                      "type": "object",
                      "schema": {
                        "type": "string",
                        "name": "author_nick_name",
                        "required": false
                      },
                        {
                        "type": "string",
                        "name": "author_user_id",
                        "required": false
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                        "type": "integer",
                        "name": "cover_width",
                        "required": false
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                        "type": "string",
                        "name": "id",
                        "required": false
                      },
                        {
                        "type": "string",
                        "name": "author_avatar",
                        "required": false
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                        {
                        "type": "string",
                        "name": "model_type",
                        "required": false
                      },
                        {
                        "type": "string",
                        "name": "type",
                        "required": false
                      },
                        {
                        "type": "integer",
                        "name": "cover_height",
                        "required": false
                      },
                        {
                        "type": "string",
                        "name": "cover_url_pre",
                        "required": false
                      },
                        {
                        "type": "string",
                        "name": "liked_count",
                        "required": false
                      },
                        {
                        "type": "string",
                        "name": "author_home_page_url",
                        "required": false
                      },
                        {
                        "type": "string",
                        "name": "cover_url_default",
                        "required": false
                      },
                        {
                        "type": "string",
                        "name": "display_title",
                        "required": false
                      },
                        {
                        "type": "boolean",
                        "name": "liked",
                        "required": false
                      },
                        {
                        "type": "string",
                        "name": "url",
                        "required": false
                      }
                    ]
                  },
                  "value": {
                    "type": "ref",
                    "content": {
                      "source": "block-output",
                      "blockID": "128162",
                      "name": "data"
                    },
                    "rawMeta": {
                      "type": "103"
                    }
                  }
                }
              ],
              "loopCount": {
                "type": "integer",
                "value": {
                  "type": "literal",
                  "content": "10"
                }
              },
              "loopType": "array",
              "variableParameters": {}
            },
            "nodeMeta": {
              "description": "用于通过设定循环次数和逻辑，重复执行一系列任务"
            }
          }
        },
        "icon": "https://lf3-static.bytednsdoc.com/obj/eden-cn/dvsmryvd_avi_dvsm/ljhwZthlaukjlkulzlp/icon/icon-Loop-v2.jpg",
        "mainColor": "#00B2B2",
        "subTitle": "循环",
        "title": "2号经理：循环批量数据"
      },
      {
        "name": "output",
        "input": {
          "type": "list",
          "schema": {
            "type": "string"
          },
          "value": {
            "type": "ref",
            "content": {
              "source": "block-output",
              "blockID": "122030",
              "name": "msg"
            },
            "rawMeta": {
              "type": "1"
            }
          }
        },
        "blocks": [
          {
            "id": "122030",
            "type": "4",
            "meta": {
              "position": {
                "x": 1863.2129679611523,
                "y": -6.727518841553589
              },
              "data": {
                "nodeMeta": {
                  "description": "在多维表格数据表中新增多条记录，单次调用最多新增 500 条记录"
                }
              }
            }
          }
        ]
      }
    ]
  }
}
```

 Z8\_mihe\_xhs.txt

## 工作流全景图



## 开始节点

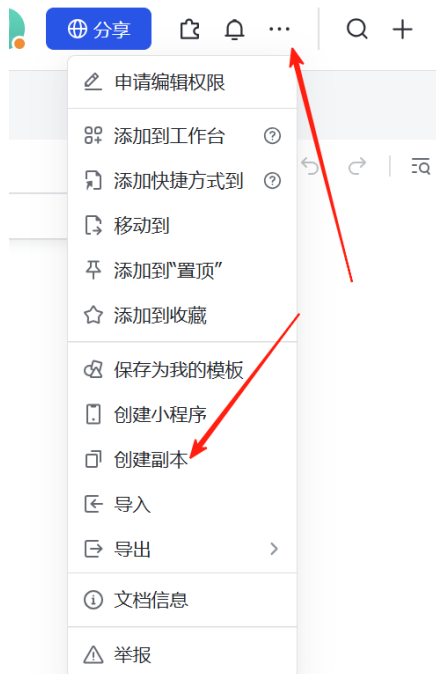
cookieStr: cookie [如何获取小红书cookie](#)

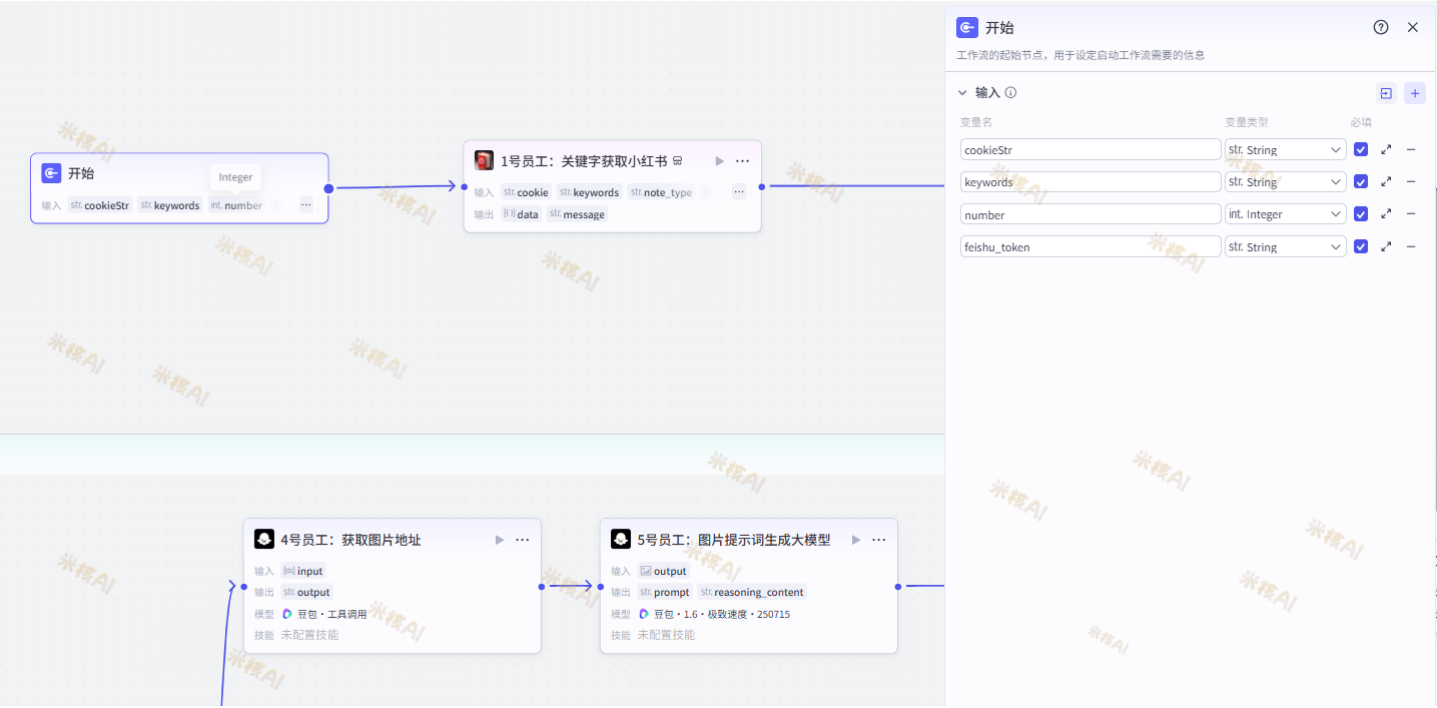
keywords: 关键词

number: 总数

feishu\_token: 飞书多维表格链接

[小红书图文二改教学](#) 根据当前文档创建副本，并设置互联网获得链接的人可编辑





## 结束节点

该节点我们没有要求返回变量，只是返回完成。

如果需要返回过程中的节点变量，则需在输入节点引入变量即可

## 试运行案例

结束

输出 `output`

输出类型 返回变量

7号员工：获取图片链接

`str: output`

`str: output`

试运行

查看日志

可用测试集 ①

测试集

试运行输入

JSON模式 AI 补全

cookieStr String

小红书cookie

`{%22ub%22:%2268974e08000000002500ea57%22%2C%22ue%22:%2268a1d99500000001d037a3c%22%2C%22uc%22:19};acw_tc=0a5088c817557792914857641e04107fa2b7c7d28ef5edd1e2eab82ce2e37d;websectiga=a9bdcaed0af874f3a1431e94fba410e8f738542fbb02df1e8e30c29ef3d91ac;sec_poison_id=eca33aa8-9aa8-4a1d-b1c6-091f01f531de;loadts=1755779389503`

feishu\_token String

飞书多维表格链接

`https://dnzxbt4fho.feishu.cn/wiki/XqMNwuPCOioDnrkhu72cvKXqnCL?table=tblzeLMZFIBP7Jlm&view=vewt1B6AwK`

keywords String

关键字

`AI`

number Integer

总数

`10`

☐ 将本次运行输入保存为测试集或手动创建



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米核最新扣子工作流 [米核最新扣子工作流名单列表](#)